

2011-12 Class Descriptions

Wiggle & Whirl (Ages 2-3) All tiny tots like to wiggle & tumble! This creative movement class will stress the important skills of learning to move to different tempos; matching the teacher using the correct foot, arm, etc. learning right & left, learning to bow and accept praise, learning to applaud and give praise to others; singing & using gestures to emphasize lyrics. Students will gain confidence in using one's own imagination through dance, music, and tumbling! (45 minutes)

Pre-Dance (Ages 3-4) Pre-Dance is specifically designed for students age 3 with no prior experience. The Pre-Dance class meets once a week for 45 minutes. Students will learn (1) the basic elements of movement and dance (2) musical rhythm, time, beat, (3) basic ballet barre terminology, (4) opposites and directions, (5) elementary tumbling skills (6) seasonal songs and dance games. (45 minutes)

Pre-Ballet (Ages 4-5) Pre-Ballet will meet once a week for 45 minutes. This is a class for four year olds and is a continuation of our Pre-Dance Class. Students will begin building a stronger classical ballet foundation. (45 minutes)

Combo Classes (Ages 5-7) Combo classes are strictly for beginners. They are one hour classes that introduce students to two types of dance disciplines. We offer Ballet/Tap Combo classes for the younger students ages 5-7. (one hour)

Ballet and Pointe (Ages 5 and older) We offer lessons in classical ballet beginning at age five. These classes meet once a week for 45 minutes. Students will learn the Cecchetti Method of ballet positions and follow the curriculum outlined by Dance Masters of America for classical ballet. Pointe lessons are offered to the serious ballet student (minimum age 11 and permission of instructor required). Pointe classes meet for 30 minutes immediately after the ballet class and count as the student's 2nd class in pricing.

Tap (Ages 5 and older) Tap lessons are offered to students beginning at age five. Tap students will learn the techniques of both rhythm and contemporary styles of tap dancing. We follow the syllabus outlined by Dance Masters of America. (45 minutes)

Jazz (Ages 7 and older) Jazz classes will be offered to students age 7 and up! Jazz students will learn the basic techniques by jazz pioneers Luigi, Jerome Robbins, Gus Giordanno, and Frank Hatchett, to name a few. Our students will be introduced to traditional, lyrical, and Broadway styles of jazz dancing. (45 minutes)

Hip Hop (Ages 7 and older) Hip hop classes will learn the latest in street style and pop moves to today's upbeat music. We use "clean edit" versions of the latest hip hop music. The hip hop classes will be taught in four age levels: hippity hop, elementary, middle, and high school. Our hip hop classes are appropriate for both girls and boys! (45 minutes)

Hippity Hop (Ages 5 and 6) Based on our regular hip hop classes, Hippity Hop is geared for the active 5-6 year old. These youngsters will learn the basic hip hop, pop, and funky moves to age appropriate music. This class is great for boys and girls! (45 minutes)

Sacred Dance (Ages 7 and older) This class explores dance as a form of worship. The class will focus on dancing from the heart to inspirational music, hymns, and contemporary Christian songs. The class is non-denominational and is open to dancers and non-dancers alike ages seven and older. (45 minutes)

Modern Dance The Modern Dance Class is open to students in middle and high school. A strong ballet background is recommended. Modern Dance is based on the teachings of Graham, Duncan, and Horton as well as others. It is abstract and uses both jazz parallel and classical ballet positions. (45 minutes)